The Citizen

& femily sewspaper for all that is right true and interesting.

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Would Have to Take Roots and All. She went into a Fifth avenue hairdresser's shop to have her head shampooed. She wore her hair in a Psyche knot. The shampooer seemed to be a trifle rough, and finally her tugs at the Psyche knot became so forceful that the woman in the chair cried out in pain. "What are you trying to do; pull my head off?" she exclaimed. "I am trying to get your Psyche knot off," replied the shampooer, "but it won't come. How did you ever get it pinned on so firmly?" The customer almost shrieked: "Come off! Why, it's my own hair."-N. Y. Tribune

Beetle Hunting in Queensland. A reward of 1s. 3d. a pound was recently offered by the Queensland sugar planters, writes a Brisbane (Australia) correspondent, for beetles of the destructive sugar cane grub. Hundreds of men and boys have now taken up beetle hunting as a profes-One man earns £6 a week

throughout the "beetle season," and

the boys make from £2 a week.

Where Mr. Wabash Lost Out. Mr. Wabash (to Miss Waldo of Boston)-"I suppose, Miss Waldo, that your father is in business in Boston?" Miss Waldo-"Oh, yes; he is one of the prominent shoe manufacturers there." Mr. Wabash-"Ah, indeed. I have never had much business experience myself. Now, about how long

Russian Legal Regulations.

a good eight-dollar shoe?"

does it take your father to make, say,

Twelve hours, with two hours' rest, is the legal laboring day at Odessa, Russia. Workers under 17 must go to school for three hours daily. Chrisans are not required to work Sundays or feast days, nor Hebrews and Mohammedans on their religious holidays. Those who have to work on Sundays have the next day for

For Blood Poisoning. When it is found that blood poison-

ing has set in, or when it is feared, use the following: To the juice of half a lemon add one teaspoonful of sugar and balf a teaspoonful of water. Take hot at a dose and repeat every 30 minutes for the first three hours, after that every two hours. A cure will usually be effected in a day.

Manhattan Indians.

The earliest notice we have of the island which is now adorned by New York City is to be found in Hudson's Journal. Mana-hata is therein mentioned in reference to the hostile people whom he encountered on his return from his exploring of the river and who resided on this island.

Make the Outlook Brighter.

Everyone knows the pleasure of receiving a kind look, a warm greeting, a hand held out to help in distress, a difficulty solved, a higher hope revealed for this world or the next. By that pain and by that pleasure let us judge what we should do for others .-Dean Stanley.

Cure for Pneumonia.

to the chest, then cover thickly with powdered lobelia, after which cover injury. with several thicknesses of warmed flannel.

Dolls Are Matrimonial Agents.

Travelers through Servian villages often see dolls suspended in the windows of cottages. The dolls have nothing to do with child life but signify that a marriageable daughter or a widow lives in the house.

Progress.

It generally happens that along about the time one becomes able to recognize true art one loses the knack of being able to take advantage of busines opportunities when they present themselves.

Fisherman's Luck,

"In the skillful handling of fine writer. It's about all many of them 1098, was first to arrive. get .- Boston Herald.

NAME A NEW SHAH

SULTAN AHMED MIRZA ASCENDS PERSIAN THRONE WHEN FATHER FLEES.

VICTORY FOR NATIONALISTS

Ruler a Minor and Azad Ul Mulk Is Proclaimed Regent - Dethroned Monarch Refugee in Russian Legation, Protected by Czar's Troops.

Teheran.-The war of the Nationalists for a new rule in Persia was perfected Saturday when the crown prince, Sultan Ahmed Mirza, who was proclaimed shah Friday, was placed on the throne abdicated by Mohamed Ali. It is now believed the fighting will cease.

Mohamed Ali has taken refuge in the Russian summer legation at Zerzende where he is under the protection of detachments of Cossacks and Sepoys, dispatched to Zerzende by the Russian and British diplomatic representatives.

The new shah is yet in his minority, and Azard ul Mulk, head of the Kajar family, has been appointed regent. Sipahdar, one of the most active leaders of the movement, has taken office as minister of war, and governor of Teheran. Gen. Liakhoff, through whose negotiations with the Nationalists the surrender was effected, was escorted by mounted Bakhtiari riflemen to the parliament building and was greeted with loud applause by the Contents of Packet Left by Dr. Milpeople. He was informed that he might remain temporarily in command of the Cossack brigade provided he strictly obeyed the orders of the war minister. This arrangement was communicated to the British and Russian legations.

The shops and private houses occupied by the shah's soldiers have been plundered and the residence of the manager of the Indo-European Telegraph Company has been looted.

St. Petersburg.—The Russian eign office received a dispatch Friday night from M. Sabelin, charge d'afaires at Teheran, saying the shah had taken refuge at the Russian summer legation at Zerzende. The shah was accompanied by his wife and one of his sons and a small party of loyal adherents, and his action was in accordance with an arrangement previously worked out by the Russian and British legations.

M. Sabelin immediately informed the British displomatic representative of the shah's arrival and a convoy of Sepoys was forthwith dispatched to Zerzende. During the shah's stay at that place protection will be furnished by a joint detachment of Cossacks

The full strength of the Russian exessary, the cavalry could get to Teheran in two days. The foreign office is under the impression that a detach- east corner of the room. ment probably will be required, not so In this event the role of the troops is expected Friday. would be confined to police duties. cials of the Russian legation at Teheran have been enjoined to remain strictly neutral in internal affairs.

THREE KILLED IN COLLISION Helkes of the same import.

Open Switch Is Responsible for Wreck on C. & E. I. Railroad Near Champaign, III.

Champaign, Ill. - Three men were killed and two injured in a head-on collision between southbound passenger train No. 23 and north-bound train No. 26 on the Chicago & Eastern Illinois railroad at Royal, near here, yesterday. The dead:

W. E. Barker, engineer, Chicago. Nelson Paulson, fireman,

F. H. Hollenbeck, express messenger, Chicago.

An open switch was responsible for the wreck. Passenger train No. 26 was on the siding to permit No. 23 to a banker of Clinton, who was cut life by poison. Ling, the report states, pass. The latter took the switch traveling at the rate of 50 miles an hour. The impact was terrific. Engine No. 23 was smashed and the front end of the express car was crushed like an eggshell. The damage to the engine of No. 26 was small and the express This remedy has been known to car on the south-bound train was the cure pneumonia after the patient had only one to leave the track. Aside been given up to die. Apply sweet oil from a severe shaking up the passengers on both trains escaped without

> \$100,000 Short in Accounts. New Orleans.-Wyatt H. Ingram, Jr., trust officer of the Hiberian Bank in the province of Elis, in south-& Trust Company of New Orleans, was arrested Wednesday 'evening on charges of being a defaulter and forger. It is alleged that he is between \$75,000 and \$100,000 short in his ac-

Long Flight by Glen Curtiss. New York.-Glen H. Curtiss, the aeronaut, made a flight of 31 minutes' duration in his aeroplane at Hemsted Plains, Long Island. He alighted without mishap, saying he could have remained in the air for an indefinite period.

Glidden Tourists Leave Minneapolis. Minneapolis, Minn.—The Glidden tourists, who arrived in this city Fritackle lies a large part of the angler's day afternoon, left Saturday morning enjoyment," says a current magazine for Winona. The Studebaker, No. THE PERMANENT VACATION SEASON.



PAPERS BARE DEATH SECRET

SENSATIONAL DISCLOSURES IN BANKER SAYLER'S DOCUMENTS.

ler's Victim Inspected by His Brothera.

Crescent City, III. - Contents of the private packet left by the late Banker J. R. Sayler, opened Thursday, are said to be of a startling tion were the young women who have nature. According to W. R. Nightingale, who was present when the secret town in the world that was named papers were read by brothers of the decedent, the contents, which he refused to divulge, have a direct bearing on the killing of Mr. Sayler by and whose mother was born in Dr. W. L. Miller last Sunday.

"We can't give what we found to the public, at least not now," said Mr. Nightingale. "I will say, however, that it is evidence which will prove of who is charged with murder, and of Mrs. Sayler, charged with being an accessory."

As soon as the contents of the packet were learned by Thomas and Willis Sayler, brothers of the late banker, and Mr. Nightingale, State's notified by long-distance telephone. came at top speed to this village.

at Mr. Sayler was found in the dinpedition is now at Kasvin and, if nec- ing room of his late home. Three were previously found in the body. The fourth was embedded in the south-

Watseka, Ill.-The county jail is much to protect the shah or to op- still under a strong guard to prevent pose the Bakhtiari tribesmen as to an attack on Dr. William L. Miller, handle the street mobs and the Te- slayer of J. B. Sayler, the Crescent heran rabble, which is bent on pillage. City banker, whose funeral Wednes-The troops inevitably will be sent in day was attended by thousands. Milif a single Russian is killed or if a ler has written to his wife urging foreign mission requests protection. her to come to him at once and she

A dispatch from Blairsville, Pa. Both the Russian officers and the offi- quoting Mrs. Miller as having forgiven her husband and only awaiting his summons to fly to his aid was re ceived simultaneously with a private message from Mrs. Miller to Sheriff

Decides the Clinton Millionaire Was Incompetent to Make a Will-Another Appeal Likely.

Clinton, Ill. - The jury in the last night finding that Col. Snell was sul in New York is printed in full. not competent to make a will. The estate is valued at \$1,500,000.

quests, leaving the estate in trust un- report after citing the facts of the dren and their heirs. The will was Ling's room seeking aid, and in a mocontested by his son, Richard Snell, ment of desperation took her own off with \$50 in the will. The first was absent at the time and found the trial resulted in a disagreement. At dead body of the girl upon the bed preme court set aside the verdict on the report, who advised him that, the ground that improper evidence should he tell the truth to the police announced that the case will again be would not be believed and probably appealed to the higher courts.

Quake Kills 300 Persons. London. - Special dispatches received here from Athens say that abouts. 300 persons were killed or injured by the earthquake that occurred ern Greece. The damage to property also was very great. water is flowing from many of the springs in the stricken district, while the water in the rivers and brooks has turned a reddish color,

Missing Teller a Suicide. White Plains, N. Y .- With a re volver still in his right hand, the body of Harold C. Cox, teller of the

missing from his home here since accounts at the bank were correct. Senator Clay Begins Third Term. Washington.-Senator Clay entered

Bacon.

BATH HISTORICAL PAGEANT.

Great Celebration Is Begun in the Ancient English City-Illinois Girl Taking Part.

Bath, England .- Victoria park, the beauty spot of this ancient city, was a scene of splendor Monday when the great historical pageant was opened. People from all parts of the United Kingdom were present, as well as many from other lands. But the guests who attracted the most attenbeen sent here from nearly every Bath after this, the mother, city. Among these young women was Miss May Sisson, who represents Bath, Ill., Bath, N. Y.

Another American woman taking part in the ceremonies is Mrs. Spencer Trask of New York city, the author of "King Alfred's Jewel." value to the prosecution of Dr. Miller, dramatic poem was so admired that Mrs. Trask was invited to write verses in honor of the American towns named been, but when he reached her 10 of Bath, and did so, adding a peace hymn the passengers had gone down. for both countries.

The pageant will last six days, and includes eight episodes, from which will be gained an idea of the range Attorney Pallissard, at Watseka, was of history of the city, extending back to the British King Bladud, who He secured a horse and buggy and ruled before the Romans established on the Avon river the town they The fourth and final bullet fired called Aqua Solis, "waters of the sun."

In the pageant the lesser king, Richard Nash, whose management of the bathrooms gave to Bath of the eighteenth century precedence over the other fashionable resorts, Epsom Harrowgate and Scarborough, is not subordinate in interest even to King Bladud, King Edgar, Henry VII., Queen Elizabeth or Queen Charlotte. the "Glorious Time of Beau Nash and injured, five of them seriously. Ralph Allen, 1752."

CHINESE MASONS HIDE LING

Empire Approves Protection of Slayer of Elsie Sigel, According to Denver Orientals.

Denver, Col. - That Leon Ling, slayer of Elsie Sigel in New York, never will be found through the assistance of his countrymen or the SNELL INSANE, SAYS JURY. Chinese government is stated by Chinese here. His protection, it is said, was approved by the empire after the report of the consul at New York had been received.

A Chinese newspaper, having the unofficial sanction of the Chinese govcontested will case of the late ernment, has reached Denver, in Col. Thomas Snell returned a verdict which the report of the Chinese con-

This report followed an investigation made by the consul at the direc-Col, Snell made only a few be tion of the authorities at Peking. The til the death of all his children and case as generally known, states that grandchildren. It then was to be dis- it has been discovered that Elsle tributed among his great-grandchil- Sigel, fearing disgrace, went to Leon the second trial the jury returned a upon his return. Frightened by the was allowed to go to the jury. It is regarding the finding of the body he would be lynched. Frightened by Drove Auto Against Telegraph Polc. this view of the case, Ling adopted desperate efforts to dispose of the body and conceal his own where-

Michigan Shoe Dealers Meet.

Detroit, Mich.—The State Retail Shoe Dealers' association of Michigan met here Monday in annual session. The program provides for a discussion of the advisability of forming a mutual insurance company for the members.

Harvest Hand Suddenly Rich. Bedferd, Ind .- While working in a harvest field Friday, Fred Edgar was apprised of the fact that by the death Home Savings bank, who has been of a relative in New Jersey he was one of the heirs to a vast estate. The July 5, was found in the woods. Cox's information came through State Senator George Wilhelmi of Kentucky.

Mrs. Mary Baker Eddy Is 88. Boston.-Mrs. Mary Baker G. Eddy, upon his third term as a senator from founder and leader of the Christian sented by his colleague, Senator eighty-eighth birthday Friday at her residence at Chestnut Hill.

SLOOP OVERTURNED

BY SQUALL IN NEW YORK HAR BOR-TEN PERSONS DROWNED.

12 PICKED UP BY TUG'S CREW ON SALT AND DRUNKENNESS.

Survivors Could Give But Hazy Account of the Accident-Six Swimmers Perish at Beaches About

in the lower bay Sunday capsized the H. O. Beeson, of Calcite, Col., in The excursion sloop Roxanna, carrying 22 Journal of Inebriety (Boston, Spring). passengers and crew, and 10 persons. He wastes little time on the first, reincluding two little girls, were drown garding it as amply dmonstrated by ed. Twelve survivors, including the observation. "From a medical standcaptain, were picked up with great dif. point," he says, "a careful study of ficulty, on account of the rough sea, by inebriety must of necessity be a study the crew of the tug Lamont.

Capt. Samuelson, was chartered at tions normally there is no distress Ulmer beach, Brooklyn, Sunday after and consequently no call for drugs." noon by a party from Brooklyn for a The greater part of the article is desail across the bay to Midland beach, voted to clearing up the relations of Staten Island, and back.

The first leg of the voyage was made craving for alcohol. He writes: without mishap, and all hands piled accident.

All the afternoon there was a stiff breeze from the southwest, which left statement needs to be qualified as to a nasty cross sea. Towards 4 o'clock the Roxanna, reeling homeward across the bay under all the sail good judgment would permit to be carried, slipped into a squall. ,

She lay over until her copper plates glistened in the sun, and as the angle of the deck steepened to the boiling water in her lee the women screamed and scrambled for the upper rail.

The captain struggled to stack away his sheet, but there was no time for measures of relief. In one moment the boat was bottom up and the foam was black with bobbing heads. In another moment the Roxanna had vanished. and one by one the heads began to fol low her.

Fortunately the tug Lamont was keeping a sharp lookout. Capt. Kries saw the sloop keel over in the gust and fail to come back. Instantly he headed for the spot where the Roxanna had

Life lines and buoys were thrown to those still affoat, and after a few minutes of anxious work all in sight were taken aboard the Lamont.

A rowboat capsized off Norton's Point and one man was drowned. A surf boat turned turtle off West Twenty-second street, Coney Island. and cost another life.

The auxiliary yacht Francis was put out of commission off Sandy Hook. One was drowned.

In Claremont park a crowd of several hundred took refuge from the rain tain disturber of digestion when used on the veranda of the old Zabrowski with food in proportion greater mansion, which collapsed, precipitating than that of the blood, or 6.5 parts 100 into the cellar. Seventy-five were to 1,000. Also it is clear that hyper-

Six other drownings took place in the harbor during Sunday, mostly swimming accidents.

PINNED AGAINST FIRE-BOX.

Engineer and Fireman Met Death When Monon Train Jumped the Track.

Chicago, Ill., July 19.-When rounding a curve south of Manchester Ind .. early Sunday passenger train No. 3, south-bound on the Monon railroad, jumped the track. Two trainmen were killed and six passengers were injured. Seven cars left the track, but only the baggage car and the engine turned over. All the injured passengers were taken to a hotel in Crawfordsville, Ind.

The persons injured in the wreck on the Monon railroad, north of this city, Sunday, were able to proceed to their homes Sunday evening. J. Bernstein, of Louisville, was the most pain. fully hurt. His body was bruised.

When the wreck of the overturned engine was raised and the bodies of Engineer Burns and Fireman Austin taken out, it was found that both had been scalded to death.

Neither had received in the crash a wound sufficient to cause death, and verdict breaking the will, but the su-discovery, he called Chung Sing, says apparently they were conscious when, pinned against the firebox, they were enveloped in escaping steam and tortured until they died.

> Utica, N. Y., July 19.-C. Hill Chappell, aged 68 years, of Onelda, president of the National Casket Co., was killed in an automobile accident about two miles out of Canastota, Sunday night. His wife and two sisters-in-law who were in the party, received serfous injuries. Chappell, in avoiding a egraph pole. He was almost instantly

Automobile Tumbled Down Mountain. Colorado Springs, Col. July 19.--In a spectacular tumble of an automobile down a mountain near Palmer lake Robert C. Mulnix, jr., son of former State Treasurer Mulnix, was perhaps fatally injured. The other occupants escaped by jumping.

Imbecile Patient Slain. Staunton, Va., July 19 .- Walmer Layne, an insane epileptic patient at drink-murdered men." the Western State hospital, heretofore Georgia. His credentials were pre- Science denomination, passed her regarded as harmless, killed Emmet Hoe, an aged imbecile patient, with a

knife.



Former Is One of the Chief Causes of Indigestion, and That Encourages Inebriety.

That indigestion is one of the chief causes of drunkenness and that salt in excess is a potent cause of indi-New York, July 19 .- A sudden squall gestion are the theses upheld by Dr. of indigestion," and "when the diges-The Roxanna, with her skipper, tive apparatus is performing its funca too salty diet to this unnatural

"The purpose of this paper is to call ashere to make merry. Beer was attention to a very common and an served, and some of the survivors entirely avoidable cause of indigescould give but a hazy account of the tion, viz., the use of common salt in excess. The standard claim that salt is an aid to digestion is not true. This quantity only. And I am prompted to make the following more explicitstatement without fear of successful contradiction: All supplementary salt with food is superfluous and distincly harmful to digestion.

"Salt with food in the proportion of 4 parts or less to the 1,000 is beneficial to digestion, but beyond 6 parts to the 1,000 it is positively harmful. Our daily average consumption is approximately 22.5 parts to 1,000

"Sea water contains about 27 parts to 1,000.

"The taste for salt with food is acquired in every instance. It does not exist in animals or birds. Animals and primitive man alike take salt only in the intervals of digestion. Unsalted food is as palatable as salted food, except when the taste is perverted by the long continued use of salt with food.

"A nine months' continuous diet of unsalted food enables me to make this statement with positiveness."

According to Dr. Beeson, our daily army ration contains 307 grains of salt, of which only 15 are assimilated. In experiments made recently at Colorado university it was found that 2 parts of salt in 1,000 lessens the time of digestion by one to three hours, while if the proportion per 1,000 were increased to 6 the time was increased again by two to three hours. The writer concludes:

"Enough has been said to show quite conclusively that salt is a cerchloridation means the storage in the system of an injurious amount of water. That extra salt demands extra water is plain. And it is easily seen that a thirst accompanied by physical and mental distress is prone to resort to drugs in addition to water for relief.

"The dry fauces produced by a salty meal is the index to the dry condition of all of the mucous surfaces. When elimination takes place a reaction occurs, and the mucous glands become active again. This process repeated day after day can have but one result, exhaustion and secondary infections. This is the picture of the production of catarrhal inflammations wherever located.

"And who can wonder that a child bred on an excessive salt diet becomes an invalid, an incorrigible, or a criminal, or a lunatie?"

Jews Are Temperate.

In New York, where the number of the Hebrew population of Russian origin is considerable, the deaths returned from alcoholism in one year, according to the British Medical Journal formed 0.42 per cent, of the total deaths in that city, while among those who were children of Russian or Polish mothers the percentage from the same cause was only 0.13. The same proportion represents the ratio in cases of alcoholism and diseases directly due to it among total cases admitted into the chief Jewish hospital in New York, whereas in the Boston City hospital cases of alcoholism formed three per cent. of the total. Deaths from alcoholism are very rare occurrences among the Jewish population in England.

Deaths Due to Drink.

Figures concerning deaths caused by liquor were quoted by Rev. E. L. Eaton, D. D., pastor of the Emanuel collision with a team, steered his car Methodist Episcopal church of Evansinto the ditch and collided with a tel- ton at the Cook county W. C. T. U. convention recently held in Chicago. He asserted that 2,500 babies were smothered to death annually by drunken mothers and that 1,000 wives were murdered by drunken hushands.

"There are 9,000 other murders committed because of drink each year," he said. "Drink makes 40,000 widows each year and ruins 60,000 girls. Paupers to the number of 200,-000 are made from liquor annually and in the same time there are 100,000

He that voluntarily continues ignorant is guilty of all the crimes which ignorance produces .- Johnson.